

The Beginning II - 4's Beach Volleyball League (*Captains Packet*)

1. League Dates

- a. League will start Wednesday, May 22nd and will run for 15 playing weeks.
- b. Week following the season end will be the Playoffs week.
- c. No games on Wednesday, July 3rd (for people traveling out of town for July 4th).

2. Teams Composition and Rostering

- a. 4 Players on court; at least 1 Female must be on the court at all times.
 - i. The 1 Female rule remains amended to ALL following exceptions.
- b. Teams are allowed to play with only 3 Players.
- c. Non-Rostered players are allowed to sub if necessary throughout the season
 - i. To qualify for playoffs, a player must have played in at least half of the season matches.
- d. Matches cannot start without at least 3 players on each team.
 - i. Late-arriving players cannot rotate into an already 'in progress' game.
- e. An opposing captain may waive ANY of the previously imposed rules at their own discretion.
 - i. Must be agreed upon before the match starts.
 - ii. Once agreed upon, the match WILL count towards standings.
 - iii. Exception: Teams can NEVER play with less than 3 Players or more than 4 Players.

3. Match Format

- a. A Match will consist of 3 Games. ALL 3 Games will be played regardless of outcome.
- b. Games will be Rally Scored.
 - i. Games 1 & 2 will be played to 21 win by 2, up to 25.
 - ii. Game 3 will be played to a straight 21 (or 15 if falling behind schedule).
- c. Teams will receive 1 pt. for each Game win. Winning the match also rewards 1 pt.
 - i. 4 pts. per Match will be awarded (1 per game, and 1 for the Match).
 - ii. Point spreads per match will either be 4-0, 3-1, 1-3, or 0-4.
 - iii. Unplayed matches at the end of the season will be scored as 2-2.
- d. 'Visiting' Team will call a pre-match Coin Flip / 'Odd-or-Even'.
 - i. The winner chooses "Side or First Serve".
 - ii. Service and Side are switched after each Game.

4. Rotation and Services

- a. On-court rotation is not required in 4s, but you must rotate servers equally.
- b. Substitutions must be done before the serve, into the serving position.
- c. No jump serves.
- d. Males must remind behind the court line before contacting the ball on the serve.
 - i. Females may take 1 step in-bounds if necessary for service.
- e. The ball may contact the net on service (ie, "Let Serves")

5. During Play

- a. League will be played using “Relaxed/Casual Beach Rules”
- b. Serves can be returned on the first hit, provided it is not a set or an attack (see Play info 5.f)
- c. A player may contact the ball with any part of their body, provided it is a single hit.
- d. A player may never attack or block a serve.
- e. A player who is clearly playing towards the front cannot redirect a serve using a set.
 - i. As this is a casual league, we are allowing teams to receive a serve using a set when necessary. However, this will prevent strong serves from being negated by a tall player at the net.
- f. A player may never ‘intentionally’ set a ball over the net.
 - i. ‘Intent’ is at the discretion of the Referee.
 - ii. In place to prevent “spot picking” with a set during 4s Play.
 - iii. “Sets” that drift over the net are permitted (intended for teammates or wind factor)
- g. Carries will be allowed (to a degree) as this is a Casual League.
 - i. Mainly in reference to “sets”.
 - ii. Carries from below (player scooping the ball up), and an attacking player ‘dunking’ over the net will be called.
- h. A player cannot touch the net at any time during the game.
- i. A player is allowed to cross under the net as long as they do not interfere with the play or get in the way of the opposition.
- j. A player attacking the ball must make contact on their own side of the net, or while the ball is on the neutral line over the net.
 - i. Following through is allowed, as long as the net is not contacted.
- k. A blocking player may not reach over the net before the third touch.
 - i. If blocking over the net, that player cannot make contact with the ball before the opponent contacts the ball first.

6. Playoffs

- a. All teams make playoffs (unless not possible due to team numbers and time constraints).
- b. Playoff Matches will be best 2 out of 3 Games.
 - i. Games 1 & 2 will be played to straight 21.
 - ii. If necessary, Game 3 will be played to 15 win by 2, up to 21.
- c. Finals will be held the following Sunday (during a Season End party)
 - i. Finals will be played best 3 out of 5.
 - ii. Games 1 through 4 will be played to straight 21.
 - iii. If necessary, Game 5 will be played to 21 win by 2 (no limit).

~ Disclaimer ~

This is the first running of a brand new league. Items in the packet are subject to change before or during the season, depending on a number of factors.